

CURRICULUM VITAE

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CURRENT POSITIONS & AFFILIATIONS:

1979 - Present	Independent Practice in Psychotherapy and Psychoanalysis, Summit, NJ.
1997 - Present	Allied Health Professional Staff, Department of Psychiatry, Overlook Medical Center, Summit, NJ.
1985 - Present	Field Supervisor, Rutgers University, Graduate School of Applied and Professional Psychology, Piscataway, NJ.
1992 - Present	Senior Teaching Faculty, Center for Psychoanalysis and Psychotherapy of New Jersey.

PROFESSIONAL EDUCATION:

1992	Certificate in Psychoanalysis, Center for Psychoanalysis and Psychotherapy of New Jersey
1989	Certificate in Psychoanalytic Psychotherapy, New York Center for Psychoanalytic Training, New York, NY.
1977	Psy.D. Clinical Psychology, Rutgers University, Graduate School of Applied and Professional Psychology, Piscataway, NJ.
1971	Professional Diploma, School Psychology, Kean University of New Jersey, Department of School Psychology, Union, NJ.
1967	M.A. Anthropology, Teachers College, Columbia University, New York, NY.
1964	B.S. University of Bridgeport, Bridgeport, CT.

POST DOCTORAL PROGRAMS AND TRAINING:

- 2019 Forgiveness: Mindfulness and Compassion in Action, Ronald Siegel, Psy.D. February 18-22, 2019.
- 2019 Treating Complex Trauma Optimal Integration of Treatment Models, Deborah Korn, PhD. July 1 – 5, 2019.
- 2010 Skills Training in Dialectical Behavior Therapy, New Jersey Psychological Association, October 16, 2010.
- 2010 Imago: Theory and therapy with couples, Cape Cod Institute, Eastham, MA, July 19 – July 23, 2010.
- 2008 Academy of Sleep Medicine and Insomnia, Certificate in Behavioral Sleep Medicine. Chicago, IL. February 29, 2008 – March 2, 2008.
- 1992 Post-Doctoral Diploma in Psychoanalysis, Institute for Psychoanalysis and Psychotherapy of NJ.
- 1989 Post-Doctoral Diploma in Psychotherapy, New York Center for Psychoanalytic Training, New York, NY.
- 2001 Basic Training in Critical Incident Stress Management, Union County College, Cranford, NJ, Continuing Education Program sponsored by NJPA, November 3-4, 2001.
- 1998 Harvard Medical School, Department of Continuing Education and Massachusetts Mental Health Center Department of Psychiatry, Work Organizations: Human Dynamics and Organizational Effectiveness, North Falmouth, MA.
- 1997 Albert Einstein College of Medicine, Eighteenth Cape Cod Institute, Building a Managed Care Free Practice, Eastham, MA., June 30-July 4, 1997.
- 1995 Creative Dimensions in Management, Corporate Therapy Seminar, New York, NY. October 28-31, 1995.
- 1989 – 92 Institute for Psychoanalysis and Psychotherapy of New Jersey, South Orange, NJ. Twelve courses, Supervision, Final Case Presentation leading to Certificate in Psychoanalysis.
- 1986 - 89 New York Center for Psychoanalytic Training, New York, NY. Twelve courses, Supervision, Final Case Presentation leading to Certificate in Psychoanalytic Psychotherapy.

- 1985 Beth Israel Conference, Seventh Annual Workshop on Stress Management and Human Illness Seminar, Vail, CO., February 1985.
- 1977 - 92 Individual Supervision: Harvey Schrier, PhD., Irwin Baden, PhD., Stanley Moldawsky, PhD., Morris Goodman, PhD., A. Eugene Shapiro, PhD., Samuel Kutash, PhD.
- 1977 - 78 Center for Family Learning, New Rochelle, NY.

LICENSURE/SPECIALTY BOARDS:

- 2010 Fellow: American Psychological Association Society of Clinical Psychology, Division 12.
- 2005 Fellow: American Psychological Association - Divisions 31, State, Provincial, and Territorial Psychological Association Affairs; 42, Psychologists in Independent Practice; 46, Division of Media Psychology.
- 1997 Registrant: Hospital Staff Membership (HSM) Designation - National Register of Health Service Providers in Psychology.
- 1991 Certification: Institute for Psychoanalysis and Psychotherapy of New Jersey in Psychoanalysis.
- 1989 Certification: the New York Center for Psychoanalytic Training in Psychoanalytic Psychotherapy.
- 1979 Licensee: New Jersey Division of Consumer Affairs, Board of Psychological Examiners: New Jersey License in Psychology: #35S100136900.
- 1985 Board Certification: Diplomate in Clinical Psychology - American Board of Professional Psychology, American Psychological Association.
- 1991 Fellow: Academy of Clinical Psychology - American Board of Professional Psychology - Fellow of the Academy.
- 1970 New Jersey Department of Education – Certification in School Psychology.
- 1967 New Jersey Department of Education – Certification in Special Education.
- 1964 New Jersey Department of Education – Certification in Elementary Education.

AWARDS/LICENSES/HONORS:

2021	Who's Who. Marquis publication, 2021 and 2022.
2018	Stanley Moldowsky Mentorship Award from the New Jersey Psychological Association. October 2018.
2015	Lifetime Achievement Award from the New Jersey Psychological Association, October 23, 2015.
2015	Grace K Smith Award for Meritorious Service to the Graduate School of Applied and Professional Psychology, Rutgers University, September 20, 2015.
2013	Eldercare OWL (Outstanding Wisdom and Leadership) Award, Livingston, New Jersey, October 24, 2013.
2010	Karl Heiser American Psychological Association Award for Advocacy. Presentation. San Diego, August 14, 2010.
2010-2014	Marquis <i>WHO's Who in the World</i> .
2009-2010	2000 Outstanding Scientists 2009/2010. International Biographical Centre of Cambridge, England.
2007	Edward L. Bloustein Award for Community Service – by the Rutgers University Alumni Federation, October 19, 2007.
2006 - 2010	Member, Board of Directors, National Register of Health Service Providers in Psychology.
2006	Fellow, American Psychological Association - Divisions 31, State, Provincial and Territorial Psychological Association Affairs; Division 42, Psychologists in Independent Practice, Division 46, Division of Media Psychology.
2005	National Register of Health Service Providers in Psychology Legacy of Excellence DVD Series. <i>Celebrating the 30 year anniversary of the National Register</i> . DVD Interview as one of 18 eminent psychologists in the US.
2005	Appointment by New Jersey Acting Governor Richard J. Codey, to the Governor's Task Force on Postpartum Depression.
2005	Chair, New Jersey Public Education and Public Awareness Committee for the Governor's Task Force on Postpartum Depression. Appointed by Acting Governor Richard J. Codey.

2005	Chair, Presidential Initiative: Clearinghouse of Best Programs and Practices in North America - Division 31 State, Provincial, and Territorial Psychological Association Affairs of the American Psychological Association.
2005	Member, Independent Peer Review Committee: New Jersey Office of the Attorney General, Division of Consumer Affairs, State Board of Psychological Examiners.
2005	Member, APF Cummings Committee to select the first recipient of the American Psychological Foundation Cummings PSYCHE Prize.
2000	Recipient, New Jersey Psychologist of the Year Award, awarded by the New Jersey Psychological Association.
1999	Recipient, Peterson Prize - awarded by the Graduate School of Applied and Professional Psychology of Rutgers, The State University of New Jersey to the alumni who has "contributed at the highest level of distinction to the public welfare."
1998	Recipient, Distinguished Graduate Alumni Award, Kean University for "distinguished service and far reaching service to the community".
1998	Psychologist Recognition Award, Council on Continuing Education, New Jersey Psychological Association.
1997	Psychologist Recognition Award, Council on Continuing Education - New Jersey Psychological Association.
1997 - Present	Hospital Staff Membership (HSM) Designation, National Register of Health Service Providers in Psychology.
1994	Fellow, Academy of Clinical Psychology - American Board of Professional Psychology.
1992	Presidential Citation in Recognition of Outstanding Contribution to Professional Psychology from the New Jersey Psychological Association.
1985	Diplomate in Clinical Psychology, Board Certification in Clinical Psychology American Board of Professional Psychology.
1982	Psychologist Recognition Award, New Jersey Academy of Psychology.
1979	Licensed Psychologist, NJ License #35S100136900: New Jersey Board of Psychological Examiners, Division of Consumer Affairs, New Jersey.
1979 - Present	Registrant, National Register of Health Service Providers in Psychology.

1970	New Jersey Department of Education Certificate in School Psychology.
1964	New Jersey Department of Education Certificate in Education.

PREVIOUS EXPERIENCE:

1995 - 2009	President, Transformation Solutions, Mountainside, NJ. Consulting Solutions for Organizations, Communities, and Corporations.
1996- 2003	Clinician/Consultant to the Harvard Collaborative Assessment Project, Department of Psychiatry, Cambridge Hospital, Cambridge, MA.
1978 - 1983	Adjunct Faculty, Kean University of New Jersey, Department of School Psychology, Union, NJ.
1972 - 1974	Adjunct Faculty, Seton Hall University, Department of Counseling and Special Services, South Orange, NJ.
1971 - 1978	School Psychologist Consultant, Garwood Public Schools, Garwood, NJ.
1976 - 1977	Internship in Clinical Psychology, Children's Psychiatric Center of Monmouth County, Community Mental Health Center, Eatontown, NJ.
1973 - 1978	School Psychologist, Consultant, Winfield Township Schools, Winfield, NJ.
1971 - 1972	School Psychologist, South Brunswick Schools, South Brunswick, NJ.
1970 - 1971	School Psychologist, Roselle Public Schools, Roselle, NJ.
1969 - 1970	Internship in School Psychology, Roselle Public Schools, Roselle, NJ.
1967 - 1969	Teacher, Special Education, Roselle Public Schools, Roselle, NJ.
1964 - 1967	Teacher, Sixth Grade, Westfield Public Schools, Westfield, NJ.

HOSPITAL ALLILIATIONS:

Overlook Medical Center, Summit, New Jersey:

2009 - 2021	Member: Overlook Medical Center, Summit, NJ, Bio-Ethics Committee.
1996 – Present	Member: Allied Medical Staff, Overlook Medical Center.
1998 –2017	Member: Advisory Board of the Overlook Medical Center.

1997 – Present	Member: Atlantic Health System, Community Health Committee.
1995 - 1996	Member: Partnership for Healthy Communities, Overlook Hospital Community Coalition.
1995 - 1997	Chair: Overlook Medical Center, Advisory Board for Psychological Well Being.
1995 - 1997	Member: Executive Committee - Partnership for Healthy Communities.
1997 - 1998	Member: Community Health Committee of the Healthcare Council.

PROFESSIONAL MEMBERSHIP and OFFICES:

New Jersey Psychological Association:

2016 - 2018	Chair: Continuing Education Committee. Subgroup for the Implementation of the Mandatory Continuing Education Initiative.
2012 - 2013	Member: Task Force on Self-Care.
2011	Editorial Board of Private Practice Manual.
2009 - 2011	New Jersey Psychological Association Representative to the American Psychological Association's Council of Representatives.
2005 - 2013	New Jersey Public Education Coordinator, American Psychological Association.
1999 - 2000	President: New Jersey Psychological Association.
2000 - 2001	Member: Executive Committee and Past-President: New Jersey Psychological Association.
1998 – 1999	President-Elect: New Jersey Psychological Association.
2006 – 2007	Member: By Laws Committee.
2006- Present	Advisory Board: NJP-PAC, Inc.
2001	Chair: Nominations and Elections Committee.
1996 -2000	Chair: Council on Psychological Health in our Communities.

2004	Member: Governance Committee, New Jersey Psychological Association.
2004	Member: Advisory Board, NJPA Political Action Committee (PAC).
1995 - 1997	Secretary: New Jersey Psychological Association.
1995 - 2000	Member: Executive Committee, New Jersey Psychological Association.
1991 -1996	Member: Ethics Committee, Two terms, New Jersey Psychological Association.
1992 – 1995	Member: NJP-Care – Pro Bono Network.
1990 - 1992	Chair: New Jersey Psychological Association, Task Force on Third Party Payment.
1978 – 1987	Member: Program Committee, New Jersey Psychological Association.
1983 - 1987	Chair: Program Committee, New Jersey Psychological Association.
1986	Member: Long Range Planning Committee, New Jersey Psychological Association.
1986 – 92	Grassroots Coordinator for State Legislative Advocacy, New Jersey Psychological Association.

American Psychological Association:

2011- 2014	Executive Committee: Clinical and Consulting Planning Committee, Leadership Institute for Women in Psychology (LIWP),
2010 – 2013	Good Governance Project Team, appointed to serve on a 15-person team to “maximize organizational effectiveness of APA processes and structures”.
2010 –2014	Leadership Institute for Women in Psychology, Member: Executive Committee: Clinical and Consulting Planning Committee.
2009	Invited Attendee: 2009 Presidential Summit on the Future of Psychology Practice May 14-17, 2009, San Antonio, Texas.
2009 - 2011	Elected Member, American Psychological Association Council of Representatives, Representing New Jersey.
2005 – 2007	Elected Member, Second Term: Committee for the Advancement of Professional Practice (CAPP).
2002 – 2004	Elected Member: Committee for the Advancement of Professional Practice (CAPP).

2005 – Present	Member: Coordinating Committee: Board of Directors/Committee for the Advancement of Professional Practice.
2005 - Present	Member: Committee for the Advancement of Professional Practice, Subcommittee for Appeals for the College of Psychology.
2003 and 2006	Member: Nominating Subcommittee, Committee for the Advancement of Professional Practice (CAPP).
2006	New Jersey Representative to the American Psychological Association Public Education Council.
2003	Member: Personnel Subcommittee of the Committee for the Advancement of Professional Practice.
2003 - 2007	Member: Grants Committee: Committee for the Advancement of Professional Practice.
2005 – 2007	Member: Grants Committee: Committee for the Advancement of Professional Practice.
2004 -2007	Public Education Campaign Advisory Council, Member: 2004-2007.
2002 – 2005	Member: Advisory Task Force of the APA Public Education Campaign.
2002 – Present	Member: Public Relations/Communications Public Education Campaign Advisory Task Force.
2002 - 2004	Liaison: Disaster Response Network of the American Psychological Association - Committee for the Advancement of Professional Psychology (CAPP).
2005	Member: Nominating Committee of the Association of Practicing Psychologists for the American Psychological Association President-Elect and Board of Directors.
2003 – Present	Member: Woman’s Caucus of the American Psychological Association.
2001	Member: American Psychological Association, Task Force on the 2001 Presidential Initiative, “Psychology Builds a Healthy World”.
1997 – 1998	Resource Consultant: Committee for the Advancement of Professional Practice: Community Health Task Force.
2004 - Present	Member of the Caucus for the Optimal Utilization of New Talent (COUNT).

1980 - Present	Fellow: Division of Clinical Psychology (12).
1997 – Present	Member: Division of Community Psychology, Society for Community Research and Action (27).
1980 - Present	Member, Division of Psychotherapy, (29).
1987 - Present	Member: Society for the Psychology of Women (35).
1983 – Present	Member: Division of Health Psychology (38).
1990 - Present	Member: Division of Psychoanalysis, (39) - Sections I, IV, V.
2000 – Present	Member: Division of State, Provincial, and Territorial Psychological Association Affairs (31).
2005 – Present	Fellow: Division of State, Provincial, and Territorial Psychological Association Affairs (31).
1985 –Present	Member: Division of Psychologists in Independent Practice (42).
2005 – Present	Fellow: Division of Psychologists in Independent Practice (42).
1997 – Present	Member: Society for Community Research & Action: Division of Community Psychology (27).
2004 – 2010	Member: Society of Pediatric Psychology (54).
2007 – Present	Member: Exercise and Sport Psychology (46).
1997 – 2012	Member: Society for Industrial & Organizational Psychology (14).
2000 -2016	Member: Society for the Psychological Study of Men and Masculinity (51).
1997 - 2010	Member: Society of Psychologists in Management, (SPIM).
2003 –Present	Member: Division of Media Psychology (46).
2005 – Present	Fellow: Division of Media Psychology (46).
2002 –2010	Member: Society of Pediatric Psychology (54).
1998 – 2011	Participant: American Psychological Association State Leadership Conference: State Psychological and Provincial Associations. Washington, D.C.
2000 - Present	Member: Association of Practicing Psychologists, (APP).
1979 - Present	Member: Association for the Advancement of Psychology, (AAP).

1996 - Present Member: Public Policy Action Network.

Center for Psychoanalysis and Psychotherapy of New Jersey:

2014 -2021 Chair: Recruitment and Marketing Committee.

Division of Independent Practice, 42:

2010 Chair: Task Force on Non-Dues Revenue.

2010 Past Chair: Fellows Committee Division of Psychologists in Independent Practice.

2008 - 2009 Chair: Fellows Committee Division of Psychologists in Independent Practice.

2005 – Present Fellow: Division of Psychologists in Independent Practice (42).

1985 – 2005 Member: Division of Psychologists in Independent Practice (42).

2007 Elected Member-at-Large: Board of Directors, Division 42, Psychologists in Independent Practice.

2007 -2008 Chair: Public Education and Marketing Committee, Division 42, Psychologists in Independent Practice.

1997 – 2004 Chair: Membership Committee: New Jersey Representative: Division 42, Psychologists in Independent Practice.

2004 Chair: Membership Committee: 2004, Division 42, Psychologists in Independent Practice.

2005 Past-Chair: Membership Committee, Division 42, Psychologists in Independent Practice.

2003 Membership Chair-Elect: Division 42, Psychologists in Independent Practice.

National Register of Health Service Providers in Psychology:

2009-2011 Secretary: Board of Directors of the National Register of Health Service Providers in Psychology.

2006 – 2009	Member: Board of Directors of the National Register of Health Service Providers in Psychology.
2006	Chair: Nominating Committee, National Register.
2007	Chair: Nominating Committee, National Register.
1980 - Present	Registrant: the National Register of Health Service Providers in Psychology.

Graduate School of Applied and Professional Psychology, Rutgers University Alumni Organization:

2014	Co-Chair: 40 th Anniversary of GSAPP Celebration.
2011-2013	President, Alumni Organization Board, Graduate School of Applied and Professional Psychology, Rutgers University.
2010- 2015	Member, Alumni Board, Graduate School of Applied and Professional Psychology, Rutgers University.
2008 - Present	Graduate School of Applied and Professional Psychology Alumni Organization, Chair, Marketing Committee for the Capital Grants Program.
1980 – Present	Graduate School of Applied and Professional Psychology, Field Supervisor.
1992	Graduate School of Applied and Professional Psychology, Alumni Organizing Committee, Founding Member.
2004	Graduate School of Applied and Professional Psychology, Alumni Organization Professional Development Project.
1992 – 1999	Graduate School of Applied and Professional Psychology, Rutgers University, Executive Board.
1992 – 1996	Graduate School of Applied and Professional Psychology, Alumni Organization, Program Committee, Chair.
1999	Co-Chair:25th Anniversary Gala Celebration: Graduate School of Applied and Professional Psychology, Rutgers University.

Association for the Advancement of Psychology:

1995 - Present	Member: Association for the Advancement of Psychology.
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Critical Incident Stress Foundation:

2001 - 2010 Member: International Critical Incident Stress Foundation.

Society of Psychologists in Private Practice:

1992 – 1993 Society of Psychologists in Private Practice, Past-President and Member of the Board of Directors.

1991 - 1992 President: Society of Psychologists in Private Practice.

1990 - 1991 President-Elect: Society of Psychologists in Private Practice.

1980 – Present Member: Society of Psychologists in Private Practice.

Council on Legislative Affairs:

2004 Member: Advisory Board of the Council on Legislative Affairs.

1998 New Jersey Psychological Association Representative: to the Board of Trustees, President-Elect.

1983 - 1986 Member: Council on Legislative Affairs (COLA), Board of Trustees.

1985 - 1986 Secretary: Council on Legislative Affairs (COLA), Board of Trustees.

National Coalition of Mental Health Professionals and Consumers, Inc.:

1999 – 2005 Member: National Coalition of Mental Health Professionals and Consumers.

New Jersey Psychological Trust:

1980 Founding Member: Board of Trustees.

1987 - 1990 Member: Board of Trustees.

1988 - 1990 Secretary: Board of Trustees.

New Jersey Psychological Foundation:

1990 - Present Member: New Jersey Psychological Foundation, Member.

New Jersey Academy of Psychology:

1980	Founding Member: Academy of Psychology.
1980 - 1982	Member: Executive Board of the Academy of Psychology.

New Jersey Association of School Psychologists:

1969 – 1973	Association of School Psychologists, New Jersey Division, Union County, Executive Board, Member.
1972 – 1972	Association of School Psychologists, New Jersey Division, Union County, Treasurer.
1973 – 1974	Association of School Psychologists, New Jersey Division, Union County, Vice-President.

COMMUNITY OUTREACH ACTIVITIES:

2021	President, Summit/New Providence Rotary, Rotary International.
2019	President-Elect, Summit/New Providence Rotary, Rotary International.
2010 - 2012	Board of Directors, Cerebral Palsy League, Cranford, NJ.
2009 – Present	Bio-Ethics Committee, Overlook Medical Center, Summit, NJ.
2007 – Present	Summit/New Providence Rotary, Rotary International.
2005 – Present	Donor Awareness Committee, Sharing Network, Overlook Hospital.
1998 – Present	Overlook Medical Center, Summit, New Jersey - Advisory Board.
1997 – Present	Atlantic Health System, Community Benefits Committee.
1995 - 1996	Member: Partnership for Healthy Communities, Overlook Hospital Community Coalition.
1995 - 1997	Chair: Overlook Hospital, Advisory Board for Psychological Well Being.
1995 - 1997	Member: Executive Committee - Partnership for Healthy Communities.
1997 - 1998	Member: Community Health Committee of the Healthcare Council.
1997 – 2007	Member: Summit Municipal Alliance for the Prevention of Alcoholism and Drug Abuse.

1994 - Present Member: Suburban Chamber of Commerce.

COMMUNITY SERVICE and PROGRAM DEVELOPMENT

- 2016 *Community Silver Outreach Solution CSOS Pilot Program.* Community Health Committee to pair high school volunteers with senior citizens to foster socialization and connection. Grant provided by the Community Health Committee of the Overlook Medical Center Foundation.
- 2014-2015 *Resilience Community Initiative including the YMCA of Summit, Overlook Medical Center and the Summit Public Schools “The Zombie Apocalypse is Coming”.* The 6-week program geared to 7th grade students and families to teach resilience skills.
- 2013 *Junior League of Summit and HomeTowne TV “Keep Kids Healthy Inside and Out”.* Grant developed to educate the public about bullying and cyber-bullying and its psychological effects on children and adolescents. TV programs on Comcast TV 33 and Verizon TV 33.
- 2013 - 2014 *Breast Cancer Survivors Grant from the Koman Group to recognize stress associated with Breast Cancer.* Grant developed in partnership with the Oncology and Integrative Medicine Departments at the Overlook Hospital Medical Center.
- 2010 – 2013 *Good Governance Project Team.* Selected to be one of a 15-member group tasked to restructure the American Psychological Association Governance.
- 2013 *Community Needs Assessment.* Chair of Work Group on Resilience in Youth. Overlook Medical Center community initiative to meet the assessed needs of the community.
- 2011 *Bullying Prevention Project.* Development of interventions for schools and communities to develop effective prevention programs supported by the New Jersey Psychological Association.
- 2010 *City of Summit Healthy Day.* A Summit event in partnership with the YMCA to promote a healthy mind, body and spirit, September 25, 2010.
- 2010 *A 12 Step Program to Stop Bullying in the Schools.* A community program developed to educate school personnel, parents, educators, and communities about empowering bystanders, and targets in collaboration with the Overlook Medical Center.

2010	<i>Creative Planning for the Second Half of your Life.</i> A program developed with Temple Emanuel and the Lauren Danis Eldernet Project to assist seniors 50 + in preparing for the challenges they will meet as they move through the next stages of their life.
2009	<i>Bully Busters.</i> A school-based prevention program that partners the Overlook Hospital Community and the Summit Public Schools to develop creative strategies to address the problem of bullying in the schools through a whole-school prevention model.
2007	<i>Stress and the Heart of a Woman.</i> A Community Education Program with the partnership of the American Heart Association, Overlook Hospital Cardiac Department, Overlook Hospital Advisory Board Community Health Committee, Overlook Foundation, and the New Jersey Psychological Association to educate women about cardiovascular health and the psychological aspects of cardiovascular disease.
2005-2007	<i>New Jersey Postpartum Depression, Speak Up When You're Down.</i> Appointment by Acting Governor Richard J. Codey to serve on the Commissioners Working Group on Postpartum Depression and Chair of the Statewide Consumer Awareness Initiative to educate women, their families, healthcare professionals, and friends about Postpartum Depression.
2004	<i>Resilience in a time of Chronic Illness,</i> Developer: A public education project of the Council on Psychological Health of the New Jersey Psychological Association and the Overlook Hospital Advisory Board Community Health Committee, a Division of Atlantic Health System with the financial support of the Overlook Hospital Foundation to help chronically ill people and their families learn how to become more resilient in coping with chronic illness.
1999 – Present	<i>Healthy Workplace Awards Program,</i> Developer. As Chair of the Council on Psychological Health of the New Jersey Psychological Association, this program was developed to recognize New Jersey corporations and businesses that provide psychologically healthy workplaces for their employees. The Awards Program has been adopted throughout the country in nearly all the State Psychological Associations and the American Psychological Association presents an Annual Award.
2001	<i>Caring Community Project,</i> Developer. Pro-bono community outreach effort sponsored by the Council on Psychological Health in our Communities of the New Jersey Psychological Association in response to the Attack on America, September 11, 2001.
2000	<i>Mammogram Screening Study,</i> Developer. Model community research and development study to motivate underserved women to participate in cancer screening.

- 1997 – Present *Healthy Avenues Mobile Van*, Developer. An award-winning community project to increase access and information about psychological resources in the community.
- 1998 *Domestic Violence Initiative*. New Jersey Hospital Association Award -winning program, replicated throughout the country, to increase identification and referral of cases of domestic violence in the community.

FEATURES & CITATIONS:

- Janin, A. (2022). Americans are starting to skip therapy to save money. *Wall Street Journal*. August 24, 2022.
- Chiu, A. (2022). Why you feel better as soon as that covid test comes back negative. *The Washington Post*. June 17, 2022.
- Silver, K. (2021). Five ways to combat mental fatigue. *Living with Cancer app*. December 1, 2021.
- Schleier, C. (2021). How to keep your mind sharp even after you retire. *Investors Business Day*. June 18, 2021.
- Osnato, Jaime. (2020). Five things to try if you're feeling anxious all the time. *Livestrong.com*. June 10, 2020.
- Wallace, L. (2017). 6 Simple ways to slash holiday stress. silversneakers.com. December 15, 2017.
- Wallace, E. (2017). Spending the holidays alone – How to cope. *Linkwell Health*. November 2017.
- Wallace, E. (2017). Keep calm and carry on this festive season.. *Linkwell Health*. November 2017.
- Rush, I.R. (2017). How to cope with the many stresses of diabetes. *Next Avenue*. July 17, 2017.
- Colangelo, L. (2017). Tips for raising resilient kids. *New Jersey Family Magazine*. May 22, 2017.
- Shea, M. (2017). How to keep your cool when the subways fail. *New York Post*, June 21, 2017.
- Camendola, L. (2017). How to teach your children to be resilient and gritty. *NJ Family Magazine*. June, 2017.
- Flammia, D. (2015). Is winter making you restless and irritable? *News 101.5 AM*, February 18, 2015.
- Di Meglio, F. (2014). Can your marriage survive an affair? *Newlyweds.about.com*. November 16, 2014.
- Horton, G.(2014). Don't sweat the little stuff. *Alzheimer's and Dementia Caregiver's Blog*. August 19,

2014.

- Wahowiak, L. (2014). Burned out on diabetes care. *Diabetes Forecast*, August 2014 pp. 38-39.
- Chen, J. On an even keel. *Real Simple Magazine*. January 2014 pp. 69 – 74.
- Sifferlin, A. (2013). Why the holidays don't make everyone feel so jolly. *Time.com*. December 18, 2013.
- Stewart, S.L. (2013). Life, one step at a time: Surviving and thriving with a chronic disease. **National Psoriasis Foundation**. Spring, 2013.
- Cowan-Lincoln, M. (2013). *Psychological effects of parental chronic illness on children*.
- Folz-Gray, D. (2013). When virtue becomes a vice. *Arthritis Today*.
- Sage Organization, (2013). Psychological challenges of aging and how to cope with your loved ones. *Sage-Eldercare*, Fall, 2013.
- Bloom, S. (2013). Ten tips for Newlyweds. In Going the distance; Secrets to a long and happy marriage. *The Star Ledger, Inside Jersey*. Volume 6, Issue 57, June 2, 2013, pp.30 – 35.
- Firger, J. (2013). Even with known skin cancer risks, people still love tanning-but why? *Huffington Post.com*. 09/2013.
- Tartakovsky, M. Debunking 7 depression myths. *Theresebarchard*, April 3, 2013.
- Dozier, R. (2013). Lupus caregivers, *Lupusincolor, blog spot*, January 15, 2013.
- Huff, F.L. (2012). Addressing Bullying. Rutgers *Graduate School of Applied and Professional Psychology*. Winter, 2012, pp.12-13.
- Barnett, J.E. Lawson, R.A. (2011). Ethics essentials in the business of practice. *Independent Practitioner*, Spring, 2011, Vol. 31, No.2, pp. 58-64.
- Hardy, M. (2011). High school seniors and stress: an interview with Dr. Dorlen. *Lovetoknow.com*. March 38, 2011.
- O'Brien, K. (2011). A time of sunshine-and sorrow. *The Star Ledger*, March 22, 2011. P. 27.
- Bode, N. (2010). Blizzard causes the mother of all stressful holidays. *www.DNAInfo*, December 30, 2010.
- Delfiner, R. (2010). The stress is getting to us here – big time. *New York Post*, November 17, 2010, p. 3.
- Hanson, C. (2010). How to handle the relatives at holidays. *Life and Beauty Weekly*, November 23,2010.
- Lawrence, C. (2010). New skills, more staff needed to help jobless. *NorthJersey.com*. November 7, 2010.

- Patel, S. (2010). Unemployment affects marriage. *BellaOnline, the voice of women*, September 23, 2010.
- Miller, L. (2010) Job loss doesn't have to ruin a marriage. *The Star Ledger*, Sunday, October 03, 2010.
- Mahoney, S. (2010). Mommy isn't feeling well today. *Parents Magazine*, September 2010, pp. 96-102.
- Nelson, J.L. (2010). Don't touch my stuff: Dealing with sibling rivalry. *New Jersey Family*, August, 2010, pp. 29 – 30.
- Roan, S. (2010). More college students mentally ill: The number of college students with severe mental illness is rising. *Los Angeles Times*, August 13, 2010.
- Tartakovsky, M. (2010). Depression myths and facts demystified. *PsychCentral.com*, July 6, 2010.
- Hanson, C. (2010). Mad money: Safeguard your marriage from the economy. *Family Circle*, May, 2010, pp.102 – 107.
- Clifton-Pennell, P. (2010). Daddy's got the blues, Postpartum Dads. *Associated content*, June 29, 2010.
- Donaldson, J. (2010). Postpartum depression: An interview with Dr. Rosalind S. Dorlen. *Associated Content*, June 7, 2010.
- Brody, L. (2009). Recession's toll on children. *Chicago Tribune*, September 20, 2009.
- Stapleton, S. (2009). Back to school...with a smile. *Overlook View*, September 2009, pp. 9-12.
- Reilly, K.M. (2009). Switch off stress. *Family Circle*, September 2009, pp.191-194.
- Yuille, B. (2009). Role reversal in households during the recession. *Nightly Business Report on PBS*.
- Thai, K. (2009). CEO's getting psychological help. *Fortune Magazine*.
- Hanson, C. (2009). Recession-proof your marriage. *Family Circle*.
- Day, N. (2009). In tough times, take stock of your mental health. *Nuwireinvestor.com*. May 12, 2009.
- Beaupre, J. (2009). The happiness recession: Psychology and the economy. *Insight*, Vol. 2, Issue 2 Chicago School of Professional Psychology, Spring, 2009.
- Tartakovsky, M. (2009). Living with Depression. *PsychCentral.com*, March 9, 2009.
- Stern, L. (2009). Killer economy? The deepening recession may lead to growth in suicide rates. *Newsweek.com*. January 19, 2009.
- Martin, S. (2009). How the recession is affecting practitioners – and how they are preparing for possibly tougher times ahead. *Monitor on Psychology*. Vol. 40, No. 1. January, 2009.

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PRESENTATIONS and LECTURES:

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- Dorlen, R.S. (2022). *Skills for managing anxiety and achieving emotional wellness*. Presentation to the Community at the Mental Health Fair. May 16, 2022.
- Dorlen, R.S. (2019). *Techniques for coping with caregiving*. Presentation to Sage Eldercare Community, April 17, 2019.
- Dorlen, R.S. (2019). *10 things to know about mental health and aging*. Presentation by Here2Help, Scotch Plains Public Library, November 22, 2019.
- Dorlen, R.S. (2018). *How to start and nurture your independent practice*. Presentation to the Graduate

- School of Applied and Professional Psychology Rutgers University, March 4, 2018.
- Dorlen, R.S. (2017). *Every Brilliant Thing*. Commentary on play for the Dreamcatcher Repertory Theater, October 1, 2017.
- Dorlen, R.S. (2017). *Nuts and bolts of starting a private practice*. Presentation to the Graduate School of Applied and Professional Psychology. November 3, 2017.
- Dorlen, R.S. (2017). *How to become more optimistic*. Presentation to the Summit-New Providence Rotary, Summit Hotel, Summit, NJ. February 13, 2017.
- Dorlen, R.S. (2016). *Becoming resilient during a time of challenge*. Presentation to Hadassah, Temple Emanu-El, Westfield, NJ. September 22, 2016
- Dorlen, R.S. (2016). *Transgenerational Trauma*. Grand Rounds Presentation, Department of Psychiatry, Overlook Medical Center, Summit, NJ. May 22, 2016.
- Dorlen, R.S. (2016). *Ten ways to build resilience*. Presentation to NJPA organizational and leadership Staff, February 12, 2016.
- Dorlen, R.S. (2014). *How to reduce the stress in your life*. Presentation to the Summit-New Providence Rotary, Summit Hotel, Summit, NJ. September 23, 2014
- Dorlen, R.S. (2013). *The road to resilience*. Presentation to the SAGE Eldercare community, Crystal Plaza, Livingston, NJ. October 24, 2013.
- Dorlen, R.S. (2013). *Everything you ever wanted to know about depression among elderly people*. Presentation to the Westfield, NJ YMCA, April 24, 2013.
- Dorlen, R.S. (2013). *Caregiving: Challenges, Rewards and Stress*. Presentation to SAGE, April, 17, 2013
- Dorlen, R.S. (2012). *Caring for those you care about*. Lunch and Learn Presentation to Novartis, East Hanover, NJ. September 20, 2012.
- Dorlen, R.S. (2012). *The road to resilience: the aftermath of Sandy*, Presentation to the Summit/New Providence Rotary. November 12, 2012.

- Dorlen, R.S. (2012). *What happened to Gloria?* Presentation to the Bergen County Psychological Association, September 23, 2012.
- Dorlen, R.S. (2012). *Forgiving those whom it is hard to forgive.* Presentation to Temple Emanu-El. September 23, 2012.
- Dorlen, R.S. (2012). *Spinning the lens on bullying.* Presentation to the New Jersey Psychological Association. April 21, 2012.
- Dorlen, R.S. (2012). *Developing Practice Specialties*, Moderator. Alumni Speaker Series. February 15, 2012.
- Dorlen, R.S. (2011). *Psychological aspects of childhood obesity.* Presentation to the Overlook Medical Center community. November 3, 2011.
- Dorlen, R.S. (2011). *Caregiving through the life cycle.* Presentation to the First Presbyterian Church of Englewood, October 23, 2011.
- Dorlen, R.S. (2011). *Caregiving: Challenges and Rewards.* Presentation to Novartis, Florham Park, September 23, 2011.
- Dorlen, R.S. (2011). *Seven challenges facing parents in the 21st century.* Presentation to the American Association of University Women, June 5, 2011.
- Dorlen, R.S. (2011). *Stress and the caregiver.* Presentation to SAGE, Summit, NJ. March 2, 2011.
- Dorlen, R.S. (2010). *Dealing with difficult issues during difficult times.* Presentation to the Temple Emanu-El community. September 18, 2010.
- Dorlen, R.S. (2010). *Women have the power to change the world.* Presentation to the American Association of University Women. June 6, 2010.
- Dorlen, R.S. (2010). *Dealing with people you can't stand.* Presentation to the New Providence-Summit Rotary. May 17, 2010.
- Dorlen, R.S. (2010). *Caring for those you care about.* Presentation to SAGE Eldercare and P.R.E.P. People Responsible for Eldercare. April 21, 2010.
- Dorlen, R.S. (2010) *Self care/patient care: Two sides of the same coin.* Presentation to the New Jersey Psychological Association, Spring Meeting, Crown Plaza Hotel, Monroe, NJ. April 17, 2010.

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- Dorlen, R.S. (2010). *Creative planning for the second half of your life*. Presentation to the Westfield community in coordination with the Lauren Danis Eldernet Project and Temple Emanu-el. February 28, 2010.
- Dorlen, R.S. (2010). *Bully Busters, Part 2*. Presentation to the greater Summit Community. January 20, 2010.
- Dorlen, R.S., Hawley, G. (2009). *Financial Planning for early career psychologists*. Presentation to the American Psychological Association, Toronto, CA. August 8, 2009.
- Dorlen, R.S. (2009). *Women making a difference*. Presentation to the American Association of University Women, Summit Club, Summit, NJ. June 7, 2009.
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- Dorlen, R.S. (2008). *Achieving serenity in a time of anxiety*. Presentation to the Community, Temple Emanu-El, Westfield, NJ. October 9, 2008.
- Dorlen, R.S. (2008). *How to talk to your aging parents*. Presentation to the Community, Sage Eldercare, Summit, NJ. September 19, 2008.
- Dorlen, R.S., Molitor, N., Martin, J. (2008). Chair: *Partnering with the media*. Presentation to the American Psychological Association, Boston, MA. August 14, 2008.
- Dorlen, R.S. (2008). *Stress and the heart of a woman*. Presentation to the Community. Overlook Medical Center, Summit, NJ. June, 5, 2008.
- Dorlen, R.S. (2008). *FANaticism in politics, religion, and sports*. Presentation to the Essex/Union County Association of Psychologists. May 4, 2008.
- Dorlen, R.S. (2004). *Developing skills of resilience in coping with chronic illness*. Thirty Medical Minutes, Channel 36, April 14, 2004.
- Dorlen, R.S. (2003). *How to talk to kids about war*. Co-Anchor, New Jersey 12 News. March 21, 2003.
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- Dorlen, R.S., Hochberg, J. Logue, J. (2008). *The Mother: Struggles and identity in older women: A film* Presentation and Discussion to the New Jersey Psychological Association. Woodbridge Hilton, Woodbridge, NJ. March 29, 2008.

- Dorlen, R.S. (2008). *Real life media stories*. Presentation to the State Leadership Convention, Washington, DC. March 9, 2008.
- Dorlen, R.S. (2007). *Psyching out Diabetes: Conference on the psychological implications of and treatment for diabetes*. Overlook Medical Center, Summit, NJ. November 10, 2007.
- Dorlen, R.S., Luka, N., Rabbi Friedman, A., Reverend Blackwell, G., Luciano, D., Dorlen, D., Reitsma, W. (2007). *The gift of life symposium: Religious, personal, and clinical perspectives on organ and tissue donation*. Overlook Medical Center, Summit, NJ. November 9, 2007.
- Dorlen, R.S. (2007). *Caregiving and communication*. Presentation to the community on behalf of SAGE Eldercare. Summit, NJ. March 21, 2007.
- Dorlen, R.S. (2006). *Caring for those you care about: Navigating family dynamics*. Presentation on behalf of SAGE Eldercare to the community. December 7, 2006.
- Dorlen, R.S., (2006). *The mind/body connection, stress, and health*. Presentation to the New Jersey Psychological Association. West Orange, NJ. October 6, 2006.
- Dorlen, R.S. (2006). *Forgiving the unforgivable*. Presentation to the community, Temple Emanu-El. Westfield, N.J. September 22, 2006.
- Dorlen, R.S., (2006). *Navigating family dynamics*. Presentation to the caregivers, Sage Eldercare. Summit, NJ. December 7, 2006.
- Dorlen, R.S., Ballard, D.W., & Burney, J.P. (2006). *Symposium: Tools for Growth – Effective and Ethical Marketing Strategies for Psychologists*. Presentation to the American Psychological Association at the 114th Annual Convention, New Orleans, LA. August 11, 2006.
- Dorlen, R.S. (2006). *Effective and ethical ways to market your psychology practice*. Presentation to the New Jersey Psychological Association Continuing Business Education Series. Hilton Hotel, Woodbridge, NJ. June 9, 2006.
- Dorlen, R.S. (2005). *Citizen of the year award*. Presentation to Mary Jo Codey, for her contribution to mental health and postpartum initiatives. New Jersey Psychological Association, Fall Meeting. Sheraton Hotel, Iselin, NJ. October 29, 2005.
- Dorlen, R.S. (2005). *Paired kidney transplants*. Presentation to the Sharing Network Organ Transplant Committee of Overlook Hospital. Summit, NJ. October 10, 2005.
- Dorlen, R.S. (2005). *Psychology and the mind/body connection*. Presentation to the Fordham University Psychology Association and Counseling Center, New York, NY. September 27, 2005.
- Dorlen, R.S. (2005). *Spreading the word about postpartum depression*. Presentation to the media and administrative staff at the Atlantic System, Overlook Hospital. August 10, 2005.

- Dorlen, R.S. (2005). *Educating women about postpartum depression*. Presentation to the press at the launch of Speak-Up When You're Down, the Governor's Postpartum Initiative. Hackensack University Medical Center. July 26, 2005.
- Dorlen, R.S. (2005). *Coping creatively with difficult parents*. Keynote Presentation. Summit Public Schools, Summit High School, Summit, NJ. March 28, 2005.
- Dorlen, R.S. (2005). *Care for the caregivers*. Presentation to the community. Basking Ridge, NJ. July 16, 2005.
- Dorlen, R.S. (2005) *Stress management for women*. Keynote Speaker, Celebrating Women. Overlook Hospital, Summit, NJ. April 30, 2005.
- Dorlen, R.S., (2005). *Coping creatively with difficult parents*. Keynote Presentation. Summit Public Schools, Summit High School, Summit, NJ. March 28, 2005.
- Dorlen, R.S., (2004). *Ten nurturing techniques for coping with the stress of caregiving*. Keynote Speaker, SAGE Day of Renewal, Berkeley Heights, NJ. November 13, 2004.
- Dorlen, R.S. (2004). *How to grow an independent practice of psychology for early career psychologists*. Presentation to the Graduate School of Applied and Professional Psychology, Rutgers University, Busch Campus, Piscataway, NJ. November 14, 2004.
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- Dorlen, R.S. (2004). *The juggling act: Stress and time management for women*. Overlook Hospital Health Education Presentation to the Community, Overlook Hospital. Summit, NJ. September 11, 2004.
- Dorlen, R.S. (2004). *Resilience: An effective tool to assist women with disabilities in coping with stress and adversity* Partners in Wellness: Working together to promote Equality in Health Care for Women with Disabilities, Statewide Conference, Westin Princeton Forrestal Village, Princeton, NJ. May 1, 2004.
- Dorlen, R.S. (2004). *Resilience: The key to coping with chronic illness*. Seminar presented to the Overlook Hospital Medical Staff and Self-Help Leaders. Summit, NJ. April, 27, 2004.
- Dorlen, R.S. (2003). *Resilience in a time of chronic illness*. Presentation to the staff of the Overlook Hospital, Atlantic Health System, Overlook Hospital, November 12, 2003.
- Dorlen, R.S. (2003). *New directions in fostering resilience*. Presentation to the Bergen County Affiliate Psychological Association. Tenafly, NJ. November 2, 2003.
- Dorlen, R.S. (2003). *Teaching teens and kids to become resilient*. Presentation to the Monmouth and Ocean County Psychological Association. Eatontown Hyatt Hotel, Eatontown, NJ. October 12, 2003.

- Dorlen, R.S. (2003). *Parenting children in challenging times*, Presentation to the Community, Temple Emanuel, Westfield, NJ. September 26, 2003.
- Dorlen, R.S. (2003). *Resilience in the war zones of life*. Discussant. Presentation to the 111 Annual Convention of the American Psychological Association, Toronto, Ontario, Canada, August 9, 2003.
- Dorlen, R.S. (2003). *Resilience in the face of war, bioterrorism, and terrorism*. Keynote Speaker. New Jersey Psychological Association, West Orange, NJ. February 7, 2003.
- Dorlen, R.S. (2002). *Aftermath to terrorism: The road to resilience*. Presentation to the Mercer County Psychological Association, Regency Hyatt Hotel, Princeton, NJ. November, 17, 2002.
- Dorlen, R. S. (2002). *Talking to children about the Middle East*. Presentation to the Community, Temple Westfield, NJ. September 16, 2002.
- Dorlen, R.S. (2002). *The road to resilience*. Presentation to New Jersey Psychologists launching the NJPA Public Education Campaign. Livingston, NJ. September 13, 2002.
- Dorlen, R.S. (2002). *Who moved my cheese? Change and stress*. Keynote Speaker: National Association of Temple Administrators, Metropolitan Chapter. New York, NY. February 13, 2002.
- Dorlen, R.S. (2002). *Strategies for managing the stress of daily living*. Presentation to the Community on behalf of the Municipal Alliance for the Prevention of Substance Abuse. Summit, NJ. February 7, 2002.
- Dorlen, R.S. (2002). *Bio-terrorism: Managing the uncertainty: An update of the scientific and emotional facts and how they affect our times*. Presentation to the Overlook Hospital community, Summit, NJ. January 7, 2002.
- Dorlen, R.S. (2001). *Psychologists thinking out of the box: new roles, markets, and opportunities*. Presentation to the Society of Psychologists in Private Practice, Somerset, NJ. November 16, 2001.
- Dorlen, R.S. (2001). *Building healthy communities: collaboration, creativity, and connection*. The Peterson Prize Address presented to The Graduate School of Applied and Professional Psychology, Rutgers University, Piscataway, NJ. March 28, 2001.
- Dorlen, R.S. (2001). *Recognizing the warning signs of violence in youth*. Presentation to the Westfield Public School Parents, Edison Junior High School, Westfield, NJ. February 4, 2001.
- Dorlen, R.S. (2000). *Toxic stress in the workplace*. Presentation to the Quest Pharmaceutical Company, New Brunswick, NJ. August 9, 2000.
- Dorlen, R.S. (2000). *Mothers and daughters through the life cycle*. Community Health Department, Overlook Hospital, Atlantic Health System. The Phases of Women's Health: A Health Fair for Women, Summit, NJ. Saturday, April 29, 2000.

- Dorlen, R.S. (2000). *Mothers and daughters: The complex relationship*. Keynote address to the UJA Metro West, Whippany, NJ. February 9, 2000.
- Dorlen, R.S. (1999). *Everything you always wanted to know about depression (but were afraid to ask)*. Presentation, National Depression Screening Day, Kean University, Union, NJ. October 5, 1999.
- Dorlen, R.S. (1999). *Psychology in the new millennium*. Presentation to the Graduate School, Seton Hall University, South Orange, NJ. May 5, 1999.
- Dorlen, R.S. (1999). *Practicing psychology in 1999*. Presentation to the Newly Licensed Psychologists, Livingston, NJ. March 21, 1999.
- Dorlen, R.S. (1999). *The hurried parent*. Keynote Speaker. Municipal Alliance for the Prevention of Drug and Alcohol Abuse, Summit, NJ. February 24, 1999.
- Dorlen, R.S. (1999). *Communicating with your middle school child*. Presentation to the Glenpoint School, Short Hills, NJ. January 7, 1999.
- Dorlen, R.S. (1999). *The role of the state association in internship training*. Presentation to the UMDNJ interns and faculty, University Behavioral Health Care, Newark, NJ. January 25, 1999.
- Dorlen, R. S. (1998). *The future of psychology*. Presentation to the Bergen County Association of Licensed Psychologists, Marriot Glen pointe Hotel, Teaneck, NJ. November 1, 1998.
- Dorlen, R.S. (1998) *What's in store for 1999?* Presentation to the Society of Psychologists in Private Practice, West Orange, NJ. November 20, 1998.
- Dorlen, R.S. (1998) *Teenagers and their parents*. Presentation and Parenting Series, Westfield, NJ. September 15, 1998.
- Dorlen, R.S. (1998). *Communicating with your teen*. Keynote Speaker, Municipal Alliance for the Prevention of Drug and Alcohol Abuse, Governor Livingston High School, Berkeley Heights, NJ. September 28, 1998.
- Dorlen, R.S. (1998). *Family communication: learning to deal with strong emotions*. Parenting Speaker Series, Summit Middle School, Summit, NJ. May 14, 1998.
- Dorlen, R.S. (1998). *Aging and memory*. Presentation to the Renaissance Group, Westfield, NJ. April 22, 1998.
- Dorlen, R.S. (1998). *Increasing community outreach efforts: developing strategic partnerships*. Presentation to the American Psychological Association State Leadership Conference, Washington, D.C. March 8, 1998.

- Dorlen, R.S. (1998). *Developing strategic alliances through inter-professional relationships: Clinical and pragmatic issues*. Winter Conference Presentation to the Middlesex County Association of Psychologists, Hyatt Hotel, New Brunswick, NJ. March 1, 1998.
- Dorlen, R.S. (1998). *Building psychologically healthy communities: collaboration, creativity and connection*. Paper presentation to the 29th annual Mid-Winter Convention, APA Division of Psychotherapy, Independent Practice and Family Psychology, San Diego, CA. February 7, 1998.
- Dorlen, R.S. (1998). *Memory loss: Real or perceived?* Keynote address, Temple Emanuel, Westfield, NJ. January 11, 1998.
- Dorlen, R.S. (1996). *Countertransference issues in working with chronically fragile adults*. Presentation to Rusk Institute, New York University, New York, NY. October 12, 1996.
- Dorlen, R.S. (1996). *Overcoming obstacles to the introduction of new technology*. Workshop presentation to AT&T, Liberty Corner, NJ. August 21, 1996.
- Dorlen, R.S. (1996). *The patient's psychoanalytic journal: potential space, holding and object relating*. Presentation, Division 39, American Psychological Association, Toronto, CA. August 12, 1996.
- Dorlen, R.S. (1996). *Maintaining sanity in a changing workplace*. Workshop presentation to AT&T, Liberty Corner, NJ. December 19, 1996.
- Dorlen, R.S. (1996). *Violence in the workplace*. TV Panelist, News Talk Television, New York, NY. January 10, 1996.
- Dorlen, R.S. (1996). *The patient's psychoanalytic journal as potential space*. Presentation to Spring Meeting, Division of Psychoanalysis (39), American Psychological Association, Waldorf Astoria Hotel, New York, NY. April 14, 1996.
- Dorlen, R.S. (1995). *Reducing stress and increasing "copefulness"*. Workshop Presentation sponsored by Wyeth Labs, Westfield, NJ. January 17, 1995.
- Dorlen, R.S. (1995). *How to maintain sanity while being all things to all people*. Presentation to the Business and Professional Women of Central New Jersey, Highland Park, NJ. February 15, 1995.
- Dorlen, R. S. (1995). *Women's psychological health: The power of connection*. Keynote address, Women's Health Awareness Day, Westfield, NJ. October 21, 1995.
- Dorlen, R.S. (1994). *How to develop and nurture a private practice*. Presentation to early career psychologists, Livingston, NJ. May 4, 1994.
- Dorlen, R.S. (1993). *The independent practice of psychology*. Workshop presentation to the early career psychologists, Livingston, NJ. May 3, 1993.
- Dorlen, R.S. (1987). *Working without a safety net*. Presentation to the American Psychological Association, Division 35, New York, NY. August, 1987.

Dorlen, R.S. (1982). *The married couple: An endangered species*. Keynote address, American Association of University Women, Livingston, NJ. February 2, 1982.

Dorlen, R.S. (1980). *Psychoanalytic treatment of a pathological gambler*. Workshop, New Jersey Psychological Association, New Brunswick, NJ. May 3, 1980.

MEDIA PRESENTATIONS AND INTERVIEWS:

Flam, L. (April 27, 2021) *Postponing your NJ Wedding; why it's ok to grieve*. ***New Jersey Bride Magazine***. April 2021.

Abramson, A. (April 21, 2020). *How to strengthen your emotional immune system*. ***Forge.medium.com***.

Osnato, J. (June 10, 2020). *5 things to try if you're feeling anxious all the time*. ***Livestrong.com***.

Dunkin, M. (2019). *The Mind Matters; Take care of your mental as well as your physical health. Psoriatic Arthritis and You*. ***The Arthritis Foundation, 2019***.

Landau, M. (July 29, 2019). Living with undiagnosed disease; A chance to develop Resilience? ***https: Every day health.com***

Spike, C. (2019). *Cures for holiday blues*. ***NJ Monthly.com***. December 18, 2019.

Chasing News Fox (June 22, 2017). *How to keep your cool during the subway crisis*.

News 12 New Jersey (November 22, 2016). *Avoiding politics at the Thanksgiving Dinner Table*. Interview with John Bathke. ***News 12 New Jersey***.

Thirty Medical Minutes (March 18, 2016). Stress and women's health. Interview for Overlook Medical Center's TV program, ***Hometowne, TV***.

Thirty Medical Minutes (February 1, 2015). Bringing up resilient kids. Interview for Overlook Medical Center's TV program, ***Hometowne, TV***.

Voice America, The Scott Ventrella Show (November 1, 2014). *The Business of Living Snooping on Children, is it ever justified? Digital Kids in a cyber-filled world*. Interview via internet media.

Thirty Medical Minutes (December 1, 2013). *The role of resilience in coping with chronic illness*, Interview for Overlook Medical Center by Cassandra Romas. ***Hometowne TV***, December, 2013.

ABC News (November 12, 2013). "Not Invincible" Obamacare video contest draws skeptics".

The Psychological effects of Bullying and Cyber-bullying on children, adolescents and families (September 6, 2013). Interview by Cassandra Romas based on the Grant of the Junior League of Summit and Hometowne TV.

Thirty Medical Minutes (October 24, 2012). *Reducing Stress on Caregivers*. Interview for Overlook Hospital's TV program, hosted by Cassandra Romas.

News 12 New Jersey (September 11, 2011). *Retrospective: 9/11 ten years later*. Interview and member of panel, Stella Crews, September 11, 2011.

Vanguard Communications (August 4, 2011). *Coping with chronic illness*. YouTube interview for the American Psychological Association, August 4, 2011.

Vanguard Communication (August 4, 2011). *Improving your sleep*. YouTube interview for the American Psychological Association, August 4, 2011.

News 12 New Jersey (June 7, 2011). *Those who test digital boundaries may also cheat*. 7 PM News, News Channel 12 New Jersey. 6/7/11.

NJN-Public Television (January 9, 2011). *Families in Focus*: Steve Adubato, Moderator, January 9, 2011.

Blog, American Psychological Association (June 6, 2011). *Should you spy on your children and teens*, June 6, 2011.

CBS News (April 28, 2011). *Should you spy on your kids?* 11 PM News, CBS April 28, 2011.

NJN (November 15, 2010). *Caucus: New Jersey with Steve Adubato. Families and the recession in 2 parts. Thirteen/WNET, NJN-Public Television, WLIW 21, WLIW WORLD*. Airing 1/8 2011 through 1/29.

CBS News (April 28 & 29, 2010). *Cruel intentions, mean girls*. 11 PM News and Good Morning America.

CBS News (April 21, 2010). *Renal 3000. Interview about kidney transplantation*.

Fios News (April 7, 2010). *A 12 Step program to stop bullying in the schools*.

AM 770 CHQR (February 15, 2010). *You really can be bored to death*. Radio interview on Calgary Today.

Fios News (December 9, 2009). *How to deal with Holiday Stress*, Interview on Fios One News.

NBC News (September 4, 2009). *Giving bullies the boot*. Interview with Chuck Scarborough.

News Radio KTRH Houston, TX. (June 30, 2009). *Is the recession wrecking friendships across the country?* Joe Gomez interview.

News 12 New Jersey (March 5, 2009). *How to handle a windfall: Psychological effects of winning*. Interview on Evening News.

Gloria Rose Show (November 30, 2008). *Coping with the stress of the economy*. Interviewed Guest. November 30, 2008.

ZDF – D.E. (October 15, 2008). *The financial storm*. Interview with S. Silverman for ZDF – D.E. Also on www.ZDE-D.E. October 19, 2008.

Headline News (October 12, 2008). *Coping with the financial rollercoaster*. Interview with J. Bragg, October 12, 2008.

CNN News (October 11, 2008). *Financial disorders in a stressful time*. Open House, October 11, 2008.

News 12 New Jersey (October 10, 2008). *Stress and the economy*. Interview on the Morning News, October 10, 2008.

CNN News (September 19, 2008). *Coping with the stresses of the Wall Street Crisis*. Interview with Dr. Sanjay Gupta on the American Morning, September 19, 2008.

ABC World News (May 10, 2008). *Managing stress in tough economic times: Some businesses up in down times*. Interview for ABC World News, May 10, 2008.

McFarland, L. (November 11, 2007). *Holiday stress*. *Rocky Mount Telegram*, November 11, 2007.

Black, A. (June 20, 2007). *Postpartum depression and blues*. Interview for the *Overlook View* magazine, August, 2007.

Health Talk Live (November 8, 2006). *Loneliness and Chronic Illness*. Live web cast hosted by Judy Foreman of the Boston Globe, November 8, 2006.

News 12 New Jersey (April 22, 2006). *The psychology of people who hoard animals*. Live Broadcast.

Comcast Channel 8, (October 18, 2005). *The Perfect Match* Interview about kidney transplantation. Real Life with Mary Amaroso, October 18, 2005.

Department of Health and Senior Services (2005). *Postpartum Depression public awareness campaign, Speak Up when You're Down*. First lady, Mary Jo Codey and Dr. Rosalind S. Dorlen, Psy.D., ABPP announce the Official launch of the Postpartum Depression public and professional awareness campaign, Hackensack University Medical Center, July 26, 2005.

The Postpartum Depression Initiative, DVD project (2005). *Interview about postpartum depression with First Lady, Mary Jo Codey*, July 26, 2005.

Channel 12 (2005). *Educating women about postpartum depression*, Interview, July 26, 2005.

NJN News (2005). *Postpartum education and awareness*, Interview. July 26, 2006.

1010 WINS (2005). *How to recognize postpartum depression*, news clip. July 25, 2006.

The Record (2005). *The public awareness campaign*, July 26, 2005.

National Register of Health Service Providers in Psychology Legacy of Excellence DVD Series (2005): *Celebrating the 30 year anniversary of the National Register*. Interviewed as one of 18 eminent psychologists in the US.

MSNBC (2005). *Talking about kidneys and organ donation*, Live broadcast, June 17, 2005.

Channel 11 News, (2005). *The gift of life*, June 10, 2005. Live.

Video Project, (2005). *The Postpartum depression initiative*. Videotape of interview with Mary Jo Codey on the postpartum initiative launched July 26, 2005.

Wall Street Journal, (2005). *When couples differ in age and energy levels*. Interview, June 24, 2005.

Dorlen, R.S. (2004). *Coping with stress with resilience*. Thirty Medical Minutes, Channel 36, November 18, 2004.

Dorlen, R.S. (2004). *A juggling act: Stress and time management for women*. Thirty Medical Minutes, Channel 36, September 3, 2004. Dorlen, R.S. (2004). *The "harried" parent*. New Jersey 12 News, May 7, 200

Dorlen, R.S. (2004). *Developing skills of resilience in coping with chronic illness*. Thirty Medical Minutes, Channel 36, April 14, 2004.

Dorlen, R.S. (2003). *How to talk to kids about war*. Co-Anchor, New Jersey 12 News. March 21, 2003.

Dorlen, R.S. (2002). *Aftermath to 9/11. The road to resilience*. TV Featured guest interview, New Jersey TV News 12. September 11, 2002.

Dorlen, R.S. (2002). *Everything you always wanted to know about depression but were afraid to ask*. TV 36, Summit, NJ. May 8, 2002.

Dorlen, R.S. (2002). *Bullies and their victims*. TV Featured guest interview, New Jersey TV 12. April 5, 2002.

Dorlen, R.S. (2002). *Child abuse*. TV Featured guest interview, New Jersey TV News 12. March 22, 2002.

Dorlen, R.S. (2001). *Beating the holiday blues*. TV Featured guest interview, New Jersey TV-12. December 21, 2001.

Dorlen, R.S. (2001). *Coping with the aftermath of 9/11*. Featured guest interview, TV-36. December 4, 2001.

- Dorlen, R.S. (2001). *Dealing with fears and anxieties about anthrax and bio-terrorism*. TV Guest Interview, New Jersey TV-12. October 10, 2001.
- Dorlen, R.S. (2001). *Are your children over-indulged?* TV Featured guest interview, New Jersey TV-12. July 30, 2001.
- Dorlen, R.S. (2001). *How to talk to your children about the Attacks on America, 9/11*. TV Guest Interview. New Jersey TV-12. September 12, 2001.
- Dorlen, R.S. (2001). *Bullies, confederates, bystanders, and victims*. TV Guest Interview, New Jersey TV-12. March 23, 2001.
- Dorlen, R.S. (2000). *Understanding teen pregnancy*. TV Guest, New Jersey TV-12. May 25, 2000.
- Dorlen, R.S. (1997). *Psychology: talk to someone who can help*. TV Panelist, American Psychological Association's Public Education Program, Northwest Regional Woman's Center, Centenary College, Hackettstown, NJ. March 12, 1997.
- Dorlen, R.S. (1997). *Focus on families*. Featured TV Panelist, Community Assistance Conference, Co-sponsored by The New Jersey Psychological Association and Overlook Hospital, Summit, NJ. May 3, 1997.
- Dorlen, R.S. (1997). *Great beginnings parenting program*. TV Panelist, Overlook Hospital Cable Program: "30 Medical Minutes," Summit, NJ. April 9, 1997.

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